

# Member News

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*UKCP members share their news and updates.  
Let us know yours – email [editor@ukcp.org.uk](mailto:editor@ukcp.org.uk)*

## NORTHERN IRELAND INSTITUTE OF HUMAN RELATIONS

### Institute celebrates 30 years with art installation

A dance piece aims to highlight the nature of the therapy relationship

The Northern Ireland Institute of Human Relations (NIIHR) is using an art installation to commemorate its 30th anniversary, which takes place in 2020, writes *Honorary Secretary and Associate Member Rhoda Dorndorf*.

The installation is a dance piece that aims 'to give the public a glimpse of what goes on within the therapy relationship,' said Vice-Chair Cheryl Bleakley, a psychoanalytic psychotherapist and artist who facilitated the installation.

David Smith, Chair of NIIHR, added: 'The installation has been over two years in the making and is the product of a creative engagement with Donald Kalsched's beautifully vivid Jungian redescription of Donald Winnicott's concept of the false self.'

The NIIHR has 46 members from all over Northern Ireland, and offers a programme of CPD events, including a clinical and theoretical reading group, a film club, a social concern group, a book club, a group analytic section, clinical seminars and conferences. It has recently become the 30th organisation to join the UKCP's Council for Psychoanalysis and Jungian Analysis.

A long-valued core member organisation of the psychoanalytic section of the Dublin-based Irish Council for Psychotherapy, NIIHR members continue to enjoy the fruits of close cross-border collaboration, regularly attending events in Dublin and welcoming friends and colleagues from the Republic of Ireland to Belfast events.

'Now, at this deeply divisive moment in time, characterised by wall-building and talk of hard borders, it's more important than ever to maintain and deepen healthy connections – both within the island of Ireland, and between Great Britain and Ireland,' Smith said.

'The Institute is a welcoming, supportive, playful and facilitating community of therapists. It is outward-facing and aims, through its



Cheryl Bleakley and David Smith

engagement with popular culture and with social issues, to make psychoanalytic thinking accessible to both the wider mental health community and the general public. In keeping with the Winnicottian tradition, we want to make ourselves available in a way that allows people to find their own creative ways of making use of us.'

#### FORTHCOMING UKCP EVENTS

**19 OCTOBER 2019**

Sleepwalking into the Anthropocene – the new age of anxiety. **London**

**23 NOVEMBER 2019**

The elephant in the room: what is going on in the supervisory relationship? **Edinburgh Zoo**

#### Get in contact

Let us know your news, views and updates:

- @ [editor@ukcp.org.uk](mailto:editor@ukcp.org.uk)
- f [UKCouncilForPsychotherapy](https://www.ukcouncilforpsychotherapy.org.uk)
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- g [psychotherapy.org.uk](https://www.psychotherapy.org.uk)
- i [instagram.com/psychotherapiasuk](https://www.instagram.com/psychotherapiasuk)



#### Diary dates

For more information on UKCP events visit [psychotherapy.org.uk/events](https://www.psychotherapy.org.uk/events)